

Moose Sentinel



Vol 11, No 4/5

Ft. Richardson - "MWR is for All of Your Life"

April/May 2003

April - Month of the Military Child, Child Abuse Prevention Month & Domestic Violence (DV) Prevention

April is the Month of the Military Child. Please join with all of Child & Youth Services (CYS) and celebrate our wonderful military children. CYS will be providing lots of fun-filled activities throughout the month. A calendar of activities will be available in your child's classroom so that you may join in the celebrations.

In recognition of Month of the Military Child, **School Ages Services (SAS)** will celebrate their **Grand Re-opening in Bldg 337 - April 11** with a **Ribbon Cutting Ceremony** 1 pm, followed by a **Sidewalk Carnival**. The carnival, sponsored by Outreach Services, will have Make it & Take it activities, Science activities from the Imaginarium, Jumping Jupiter, face painting, bubbles, popcorn & cotton candy, and the Fire Depts Sparky. Call Central Reg 384-7483 or SAS 384-1068. CYS is sponsoring a **Parents' Night Out - April 11, 5:30-9:30 pm**. Cost will be \$12 per each child participating in the program. Please make your reservations no later than April 4, call 384-7484.

CYS will be celebrating the **Week of the Young Child - April 7-11 - Theme: "Children's Opportunities - - Our Responsibilities"**. An annual celebration sponsored by the National Association for the Education of Young Children (NAEYC). The purpose of the Week of the Young Child is to focus public attention on the needs of young children and their families, and to recognize early childhood programs and services that meet those needs. NAEYC research helps us to recognize the important role that children's earliest years play in shaping their learning and development. The Child Development Center (CDC)

and Part Day Programs (PDP) will be planning special events to celebrate this week on behalf of our young children and their loving caregivers. Check with your child's classroom for a calendar of events. **CDC Carnival - April 25, Bldg 6, 3:30-5 pm**.

Army Community Service (ACS) Family Advocacy Program (FAP) will be providing classes on **Child Abuse Prevention Month - Theme: "Our Country, Our Children: Protecting them Both!"** Parents and families are encouraged to attend the calendar of events (see pg 15), for Month of the Military Child, Child Abuse Prevention Month & Domestic Violence Prevention.

Joining Forces (Domestic Violence) Conference - March 31 & April 1 & 2, Captain Cook, 8 am - 5 pm.

FAP is presenting a **Domestic Violence Prevention Play "Rocks! and Other Hard Places"** - **April 10, Post Theater, 7 pm & April 11, Post Theater, 10 am, 1 pm and 3:30 pm. Domestic Violence (DV) Stand Down Day - April 11.** For more info, call Tracey 384-7506.

FAP and ASAP is having a **Free Hawaiian Family Pool Party - April 23, Buckner Fitness Center, 7 pm.**

The Family Advocacy Program in conjunction with Ursa Major & Ursa Minor Elementary Schools are having a **Parent/Child Walk - April 25** starting 3:30 pm. Checkpoints will include Ursa Major, Ursa Minor, Shoppette & Post Library parking lot, Fire Station, Field on 5th and YS. **YS is having a Puppet Show** at the completion of the walk. Come and enjoy this time with your child.

! Spring is Here ! Seward is Beautiful !

April is the last month to take advantage of the Winter Rates

Stay for 2 nights and receive the 3rd night FREE

Rates for ALL Guests:

Motel Units (56 rooms) - \$50
Ten Standard Townhouses - \$75
Two Deluxe Townhouses w/fireplace - \$100
Log Cabin - \$75

Book your Summer Vacation Reservations NOW!
See pg 16 for 2003 May rates and summer highlights!

Military Spouse Appreciation Day May 9

Free Hot Dogs, 11 am - 2 pm
Free Boat Rental, noon - 1 pm, (weather permitting).
At Otter Lake Boat House Deck. For more info, call 384-1475.

Free Shuttle Bus Service back and forth between ACS, Bldg 600 and Otter Lake will be available, 10 am - 3:30 pm.

Free Bucket of Balls & Rental Clubs for Military Spouses. Moose Run Golf Course Driving Range, (weather permitting). For more info, call 428-0056.

Armed Forces Day "Family Fun-Athlon" May 17 (see pg 12)

Support Our Soldiers in Kuwait thru "Hugs to Kuwait - Adopt a Soldier"

<http://groups.msn.com/hugstokuwaitadoptasoldier>

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2 ♦ SPECIAL EVENTS

Celebrate the Miracle Of Easter *Renew Your Faith This Holiday Season*

Palm Sunday - April 13. Catholic Service, 9:15-10:30 am. Protestant Service, 11 am
- noon. Main Post Chapel.

Jewish Passover - April 17



Holy Week

Holy Thursday - April 17. Mass, 11:35 am, Catholic Maundy Thursday Service, 6 pm. Protestant Seder Supper, call Chapel for details 384-1461.

Good Friday - April 18. Protestant Service, North Wing Chapel, 3 pm.

Holy Saturday - April 19. Catholic Easter Vigil, 7 pm.

Easter Sunday - April 20. Easter Mass, 9:15 am. Protestant Easter Sunrise Service, Otter Lake Lodge, 7 am with a fruit & pastry breakfast following. Protestant Easter Service, Main Chapel, 11 am.



A HOPPING GOOD

Youth Services Easter Egg Hunt - April 19. Birch Hill Park, (4th & Birch Hill), 1-2 pm. Parking available in the CPOC parking lot. Bring a basket and **Wear Boots!** Age groups: 3 & under, 4-6, 7-9 & 10-12. Prizes! Candy Filled Eggs. For more info, call 384-1508.

Easter Sunday Brunch - April 20. EAFB Susitna Club, 10:30 am - 2 pm. Adults \$21.95 regular price, adults \$18.95 members first discount, child 6-12 \$8.50, children 5 and under free. **Reservations recommended 753-3131.**

Seward Resort hosts the American Legion Easter Egg Hunt - April 20 Seward Resort, 1 pm, with 100 dozen eggs. Age groups: 0-4 years (may be accompanied by an adult), 5-8 years and 9-12 years. Bring your own basket and camera for picture with the Easter Bunny. Refreshments following event in the Seabolt Hall.



Free Army Family Action Plan (AFAP)

April 9 & 10

Army Community Service, Bldg 600, 9 am - 3 pm. The Army Family Action Plan (AFAP) is the grass roots process where all of elements of the community, (active duty and retired military, reserves, NG, family members, and civilian employees) gather together to make improvements to the Army Quality of Life concerns. Lunch will be provided. Childcare provided for all volunteers call 384-7483 NLT March 27 for reservations. You can fill out an issue request on-line, <http://www.usarak.army.mil/framwr/afap.htm>. Call Michael Hamm for info 384-6736.

Wall Hanging Quilt Rack New Wood Class

April 3

The Arts & Crafts Center has a new Wood Shop designer, Bob Chance. Bob comes to the Wood Shop from DPW and has 30 years of wood working experience. Some of Bobs creative wood working is displayed throughout Ft. Rich (DPW, CPOC, ACS and Bldg 1 VTC room). Welcome Bob!

April 3 starts a new Wood Shop Class for beginners, 6:30 pm. The first class for novices will be a simple but elegant wall hanging quilt rack. The cost is \$35 for the class and materials.

The classes will gradually work up to more difficult projects over the next several months. The aim of the program is to end the beginner classes with a nice student desk.

You must take a two hour Safety Class before doing any work in the Wood Shop. Safety Classes are available every Thursday 4:30 pm and Saturday 10 am. Cost \$10 for the Safety Class

Any input on projects that you would enjoy would be appreciated. Please contact Bob at 384-3418 with any ideas or questions you may have. See pg 7 for more Arts & Craft Classes.

Remember

April 6 - Daylight Savings
(set your clock 1 hour ahead)

April 15 - Income Taxes due IRS

April 23 - Administrative Professional's Day

May 11 - Mother's Day

Moose Sentinel on-line



<http://www.usarak.army.mil/framwr>

The Moose Sentinel is a publication of the Fort Richardson United States Army, Alaska, Directorate of Community Activities (DCA), Morale, Welfare & Recreation (MWR), prepared by Terry Yeomans, Marketing & Advertising Specialist (Graphic Designer). Articles, comments & suggestions welcomed. (907) 384-2299, Fax (907) 384-2059.
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WEB: <http://www.usarak.army.mil/framwr>

April - National Alcohol Awareness, Fetal Alcohol Awareness, & Marijuana Awareness Month

Theme: "Give Children a Chance - End Underage Drinking"

In recognition of National Alcohol Awareness Month, the Army Substance Abuse Program (ASAP) is sponsoring the following awareness classes:

Wild About Anchorage Animals - April 4. The Wild About Anchorage (WAA) Animals (bear, ram, beaver, moose & eagle) will visit BPFC Gym and the Dining Facility. **April 9 & 10.** WAA will visit the units by invitation. Call Aaron 384-1141.

Alcohol Free Weekend - April 4-6

National Alcohol Screening Day - April 10. Free confidential screening will be conducted for military personnel within the units and in Bldg 1, for DOD civilians, their families and military family members, 9-11:30 am.

"Rocks! and other Hard Places" Play - April 10 & 11 (see calendar pg 15). Continued on pg 3

The Ft. Richardson

RODEO

**May 31 & June 1
has been canceled
Sorry**

National Alcohol Awareness Month continued

Alcohol & Drug Booth at the Mayors Market - April 12. BPFC Gym, 10 am - 5 pm. ASAP will provide info to parents on how to talk with teens about drugs and alcohol.

Civilian Employee Training Class - April 17. ASAP will be addressing services available to civilian employees and their families. ASAP Bldg 1113, 1-2:30 pm.

Easter Egg Hunt - April 19. ASAP will have info table on prevention of teen underage drinking, 1 pm. (See Celebrate Easter pg 2).

Family Hawaiian Pool Party - April 23. ASAP celebrating healthy families by hosting a family pool party with appropriate educational games (see calendar pg 15)

Parent/Child Walk - April 25 Progressive parent/child training menu with hands on activities in the course of the hike (see calendar pg 15).

Underage Drinking Seminar - April 28. A special seminar for supervisors on effective ways of preventing underage drinking within the unit. Lee Reserve Center, 9-10:30 am. Workshop for underage soldiers on alternatives to drinking underage. Lee Reserve Center, 1-2:30 pm.

Civilian Employee Training Class - May 14. ASAP Bldg 1113, 1-2:30 pm. The one hour training meets the requirements for 1.5 of the three hours required annually for civilians.

General Drug Alcohol Training "What Parents need to know about Raves" - May 16. Post Theater, 2-3 pm. The class is designed to make parents aware of RAVES in the local area. Signs and symptoms of club drug abuse, RAVE paraphernalia and what to look for as a parent. Learn what kids do at RAVE parties. The training counts as unit education for those units that have not completed a unit education class and will count towards the 3 hours of drug alcohol education that all DOD employees are required to attend.

EAP Supervisory Training - May 28. Joint Regional Center, 1-2:30 pm. The free class is for supervisors on what to do with a civilian employee or family member who has a substance abuse problem.

For more info on the above classes, call Aaron Harrop, Employee Assistant Program Representative, 384-1411.

Golf Shop Opens Mid April

The Moose Run Golf Shop will be open Monday - Friday: 9 am - 4 pm (hours to change when the golf courses open).

Moose Run Golf Courses Open Early May

Watch for the opening of Moose Run Golf Courses (MRGC) weather permitting in early May. The Moose Run Golf Course has two 18 hole golf courses consisting of the Hill Course and Creek Course, a par 72 course, with a driving range, chipping range, two practice putting greens, a practice sand trap, golf shop and snack bar. The Creek Course is the longest golf course in the state of Alaska at 7,324 yards, and the longest single golf hole at 640 yards. Play cards are available in addition to daily greens fees. Hours for Golf Courses, Monday - Friday: 7 am - 10 pm, Saturday, Sunday & Holidays: 6 am - 10 pm. The Driving Range & Snack Bar opens 1/2 hour earlier than the Golf Course. **Open to the public!** For info, call 428-0056.

Days of Remembrance Commemoration April 28

Commemoration at the Post Theater, time TBA. Hosted by the USAG.

Asian Pacific American Heritage Month

May 15 - Youth Services Asian Pacific Heritage Month Celebration, Bldg 297, 6-8 pm. Fun, food, games, and prizes. Call YS, 384-1508.

May 19 - Main Event at the Post Theater, time TBA. The event is hosted by the 172nd SIB & 21st SIG.

May 21 - School Age Service (SAS) Asian Pacific Heritage Month Celebration, Bldg 337, 4:30 pm. Join SAS for a special cooking project. Call SAS, 384-1068.

All ethnic and special observances are open to ALL military, retirees, DOD civilians and their family members. For more info, call SFC Henderson 384-2162.

More Special Events on Page 12

Volunteers Honored at the Volunteer Recognition Ceremony



May 1

Come out and express your gratitude for their invaluable service, for

their thousands of hours and recognize their many outstanding contributions. The ceremony will be held at the Joint Regional Environmental Training Center (JRETC), Bldg 655, at 6:30 pm. Registration 5:30-6:15 pm. A cake cutting will following the ceremony.

All volunteers will receive a pin and a volunteer slide presentation will be shown. The Civilian, Military and Youth Volunteer of the Year will be announced at the event. **Free child care is available, call 384-7483 for reservations by April 15.** Call Helen Soergel-Nelson, Installation Volunteer Coordinator, 384-6716.

THOM SHEPHERD

& the Twang Thang

Air Wholes of

"Riding With Private Malone"

LIVE & IN PERSON

the Down Under Lounge, 9 pm

FREE AFE

Country & Western Band

April 19

Call 384-1475

Safety Awareness Day April 25

Otter Lake Boat Rental & Snack Bar opens May 10

! The Best Trout Fishing Around !

Otter Lake is a National Wildlife and Loon Sanctuary. The Otter Lake Boat Rental and Snack Bar is located next to Otter Lake, open 7 days a week, 11 am - 7 pm. Phone: 384-6245/6250. Boat rental equipment is available, or bring your own boat or canoe and enjoy late night or early morning fishing. Every year the lake is stocked with rainbow trout.

Rentals

| | | | |
|--------------|-----------------|---------------|-----------|
| Scanoes | Jon Boats | Paddle Boats | Row Boats |
| Life Jackets | Electric Motors | Fishing Poles | |

The Otter Lake Park has day use areas with BBQ grills, picnic tables, a playground, baseball field, volleyball net & horseshoe pit. Picnic & camping areas are open 24 hours a day, 7 days a week.

RV Overnight Camping

(7 sites, no hook-ups) limited to 7 nights stay, cost \$5 per night. RV overflow parking at Otter Lake, cost \$5 per night. Reservations for overnight camping can be made at the Otter Lake Boat Rental next to the Otter Lake Park.

Three Red Cottages and Five Rustic Cabins

E1-E6 - \$20 per night. E7-06 - \$25 per night. Youth Groups - \$10 per night. Retired Military, DOD employees and civilians - \$30 per night

The Cottages sleep 4 people and are equipped with 1 double bed w/mattress and one set of bunk beds with a mattress, and an outside port-a-potty and grill. Please note: no water, no heat, no oven/stove, no electric, no inside plumbing or linens. Bring food, water, sleeping bags and linens.

Two Cabins

Active & Retired Military E6 & below - \$40 per night. E7-06 - \$45 per night. DOD civilians - \$50 per night. The cabins (14X20) sleep 6 (two double beds and 2 single beds) with heat, electric and an outside port-a-potty, grill and picnic table. No plumbing (bring food, water and bedding).

Picnic Pavilions are avail for day/evening parties & other social functions.

Active & Retired Military - \$30 per day.
DOD civilians - \$50 per day. Civilians - \$130 per day.

Reservations for cottages, cabins, picnic pavilions, and rentals for baseball, volleyball and horseshoe equipment must be made at the Outdoor Recreation (ODR) Center, Bldg 794, Davis Hwy between 2nd & 5th St., 384-1475/1476. Beginning May 1 ODR hours of operations: Monday - Friday: 9 am - 6 pm.

Elmendorf Info, Tickets & Travel (ITT)

Alaska Railroad's Glacier Discovery Train thru some of Alaska's most pristine and scenic wilderness area. Explore rugged gorges, spectacular peaks and a glacier-carved valley you can only reach by train. Add a rafting adventure guided by Class V Whitewater and float within feet of Spencer Glacier. Two tours offered daily **May 10, 11, 17 - September 14**. Prices \$142, children (11 & under) \$90.25 when booked thru ITT.

Glacier & Wildlife Cruises - Alaska Railroad - Denali
Call ITT for details.

Monday - Friday: 9 am - 6 pm. Call 753-2378
Located on EAFB in Bldg 10492, Necrason Ave (next to old BX).

Otter Lake Park & Outdoor Rec May 2003 Adventures

♦ **Kayak Lessons - May 5 & May 19.** May 5 at Buckner Physical Fitness Center Pool, 6-8 pm. May 19 at Otter Lake, 5:30-7:30 pm. Minimum of 3 people, maximum 7 people sign up. Sign up 1 week prior to lesson. \$20 per lesson. Sign up and pay at the Outdoor Recreation Center, Bldg 794, Davis Hwy, 384-1475. Open to active duty and retired military, DOD/NAF and their family members.

♦ Otter Lake Boat Rental & Snack Bar Opens - May 10

♦ **Boat Rental - May 11,** Otter Lake. Rent a boat for 2 hours and get the 3rd for free. (Hours of ops).

♦ **Armed Forces Day - Military Appreciation Free Boat Rental - May 17,** Otter Lake. For active duty military, noon - 2 pm

♦ **Free Smoke Salmon & Canning Presentation - May 19 (see pg 12)**

♦ **BBQ Cook-Out at Otter Lake - May 21 (see pg 12)**

♦ **Free Boat Rental - May 22,** Otter Lake, 11 am - 2 pm. Pick the boat of your choice! Electric motors will be charged normal rental fees. Normal rental fees will be charged after 2 pm.

♦ **Outdoor Recreation Memorial Day Special - May 23-27.** Pick up available rental equipment **May 23** after 2 pm, return **May 27** by noon, and pay for two days (three day rental for the price of two days).

♦ **Memorial Weekend Fishing Tournament - May 24 & 25,** Otter Lake, noon - 5 pm. \$5 entry fee per person. Winner of largest fish receives a \$50 gift certificate from ODR.

♦ **Free Paddle Boat Race - May 31,** Otter Lake, 2-3 pm. Winner receives 1 day boat rental of their choice. Electric motors will be charged. Race will be timed with a stop watch.

Outdoor Rec Rental Specials

Get ready for the summer. During May you can rent a BBQ supercooker for \$15 per day. During June you can rent 2 fishing poles, waders and 1 net for \$18 per day, at the Outdoor Rec Ctr, Bldg 794. Monday - Friday: 9 am - 6 pm, 384-1475/1476.

Black Spruce RV Campground Opens May 1

40 RV Campsites w/hookups 5 RV Campsites w/water & electric

Playground - BBQ Grills - Picnic Tables
Restrooms w/showers - Washer & Dryers
\$15 w/full hookup, \$13 w/water & electric
\$10 w/water or electric, \$5 dry park



No reservations required (first-come, first served). Call ODR for info, 384-1475. Black Spruce phone # when open 384-7740.

ATHLETICS/FITNESS

Buckner Physical Fitness Center 384-1304/1306

Post Wrestling Meet (Men's)

Signup Deadline, April 4
Weigh-in, April 7, 4-4:30 pm
Date of Competition, April 8, 7 pm

Post Swim Meet

Organizational Meeting, April 1
Roster deadline, April 15, COB.
Registration - fill out individual and team event cards, April 21, COB.
Post Swim Meet - April 24, 5:30 pm.
Pool Closed to public during Swim Meet, 4 pm. Timer's Clinic (each team needs at least two), 4:30 pm. Coach's Meeting & Warm-ups, 5 pm. Awards Ceremony, 8 pm or end of meet. Open to all active duty military stationed at Ft. Richardson & family members 16 years of age or older.

Pre-Season Softball Tournament (Men & Women)

Roster deadline, May 13
Organizational meeting, May 15, 1 pm
Types of Play, Double Elimination
Dates of Competition, May 17 & 18.

Intramural Softball (Men & Women)

Roster deadline, May 9
Organizational meeting, May 15, 1 pm
Dates of Competition, May 19 - August 1

Fitness Opportunities

Fitness Trainers

- Mike Masters, 384-6028
- Karan Price, 696-1599

FREE "FIT4U

Try Something New"

Special May Fitness Classes

In support of May National Physical Fitness and Health Month, Buckner Physical Fitness Center is offering FREE Wellness Seminars, which will introduce you to the basics of physical fitness and exercise. See classes below.

Aquatic Kickboxing - Boot Camp
Circuit Training on Land and Water
Group Cycling & Games - Fitball
Palates - Tai Chi - Yoga

To find out schedules for the above fitness classes, call Judy 384-1305.

Pacific Region Lifetime Sports & Recreation Campaign

**Coming to Buckner Fitness Center
Kickoff - May thru September 2003**

(see page 12 for info)

29th Arctic Valley Run June 14

Massage Therapy

- Jane Gnass, 563-9403
- Beth-Marie Lyons, 689-7999

Karate

- Wayne Gilmore, 563-0629

HIGHLIGHTS

1st Combat Cross Country Race May 16

Combat (5K) Trail Run at Otter Lake.
What is it? The 1st race in a series of four 5K races using a 35 lb "Alice" pack. Uniform is BDU with combat or jungle boot and patrol cap. Teams consist of 5 runners and finish placings are combined for each unit. Units may enter as many teams as desired. Units will provide one team captain to report their team's score at the finish. Units will supply their own "Alice" packs.
Sign-up Deadline, 1-1:30 pm.
Weigh-in/Organization Meeting, 1:30-2 pm. Race, 2 pm at Otter Lake.
Team registration will be completed immediately preceeding the race the day of the event. Awards for top 2 individuals in each race with the Championship trophy going to the unit with the best combined score from all four races. The 2nd race - June 27 (5K Mountain Run), 3rd race - July 25 (5K Run, Canoe & Shoot). The last race in the series - September 12 (5K Orienteering Run). For more info, call Curt Fortie 384-1313.

Athletic & Rec Meeting:

April 1 & May 6, 1 pm

Military Training Holiday Hours:

April 18, 9 am - 7 pm

May 23, 9 am - 7 pm

Federal/School Holiday Hours:

May 26 (Memorial Day Observed),
9 am - 7 pm

AQUATICS

Youth Swim Lessons

Cost \$40, limited to 8 students per class. Level 1 & up 6 years & older.
Toddler (18-36 mo) & Preschool (3-5 years), parent participation required.

April

Registration Thur/Fri April 3 & 4, 5-7 pm

Class Dates: Session 1- Weekends

April 5, 6, 12, 13, 19 & 27

Level 1, Toddler/Parent - 11-11:30 am

Level 2 - 11:30 am - noon

Level 3 - noon - 12:30 pm

Level 4 - 12:30-1 pm

Session 2- Weekdays (Mon/Tue/Wed)

April 7, 8, 9, 14, 15 & 16

Level 1, Toddler/Parent - 4:30-5 pm

Level 2 - 5-5:30 pm

Level 3 - 5:30-6 pm

Level 4 - 6-6:30 pm

Private Lessons, call Dawn Cotner 272-6282.

May

Registration Thur/Fri, May 1 & 2, 5-7 pm

Class Dates: Session 1- Weekends

May 3, 4, 10, 11, 17 & 18

Level 1, Toddler/Parent - 11-11:30 am

Level 2 - 11:30 am - noon

Level 3 - noon - 12:30 pm

Level 4 - 12:30-1 pm

Session 2- Weekdays Mon/Tue/Wed

May 5, 6, 7, 12, 13 & 14

Level 1, Toddler/Parent - 4:30-5 pm

Level 2 - 5-5:30 pm

Level 3 - 5:30-6 pm

Level 4 - 6-6:30 pm

Office 384-1301

Recording 384-1302

Free Family Hawaiian POOL PARTY April 23

Kayak Lesson

May 5, 6-8 pm

Presented by the Outdoor Rec Center. Minimum signup 3 people, maximum signup 7 people. Signup 1 week prior to lesson. \$20 per person, per lesson. Signup and pay at the Outdoor Rec Center. For more info, call 384-1475/1476. The pool & spa will be closed to everyone else at that time.

Military Training Holiday Hours: April 18 & May 23

11 am - 6:30 pm

**Federal/School Holiday Hours: May 26
(Memorial Day Observed), 11 am - 6:30 pm**

6 ♦ EDUCATION

Education Opportunities - 384-0970

April/May News

Troops to Teachers "Proud to Serve Again" - April 9 & May 14. Interested in a teaching career after retirement? Mr. Bill Petrozzi, the Troops to Teachers Director comes to Ft. Richardson Ed Center every 2nd Wednesday of the month (Bldg 658, Rm 102, 11:30 am - 1 pm), to brief soldiers that are interested in teaching careers after retirement. No appointment necessary. Info, call Mr. Petrozzi, 753-5112.

Want to Earn your GED? The Ed Center can help you meet your goal! First step is to take the practice GED tests at the Learning Resource Center (LRC) in Bldg 658. You can test Monday - Friday: 7:30 am - 10:30 pm, and on Saturday: 9 am - 4 pm. Next discuss the results with an education counselor. A free study class is available for you to attend Monday - Friday: 1-4:30 pm. Study materials are available for you to check out in the LRC. Call 384-0970 for more info.

College Level Examination (CLEP) or Dantes Subject Standardized Test (DSST) Exam A great way to earn credit quickly without attending traditional classes. First, visit an education counselor to find out what tests are available and how they can help you earn credit toward your college degree. Then, prepare for the test on your own, using study materials you sign out from the Army Learning Center. Finally, schedule your exam by calling 384-0970. The tests are free of charge for active duty military, for civilians, cost for a CLEP test is \$56, and \$35 for a DANTES test.

Fees are payable by certified check or money order; please no cash or personal checks. For more info, appointments, and hours of operations, call 384-0970.

Strong Interest Inventory. Not sure what to study? Take a Strong Interest Inventory. The Strong can help you make an informed decision so that you can choose the career that suits you best. Call 384-0970 to make an appointment.

College News



University of Alaska Anchorage (UAA) - Emergency

Medical Technician Class begins May 27. UAA is offering Russian History and the History of Alaska this summer. Schedules are available in Kiska Hall. Call 428-1228 for info.



Wayland Baptist University (WBU) - Summer Term begins

May 19. Sign up early, these classes are popular and fill up quickly! Call Monica at 428-1496 for info about the different degree programs available to Ft. Richardson students.



Central Texas College (CTC) - New Business Management

Classes begin May. Enroll in a six week class this summer. See the schedule for details. Call 428-1317 for info.

A Special Thank You

to the supporters of the Newcomers Orientation



Advantage Membership

\$35 = 2 Cards + Extra Value

(Offer good for military personnel only, and only available at Penland Parkway Sam's Club).

For more information about membership, contact Marvis Hill 222-1644 or 272-4059.

A Special Thank You

to the supporters of the Newcomers Orientation



Welcomes USARAK soldiers and their families to Ft. Richardson and Anchorage.

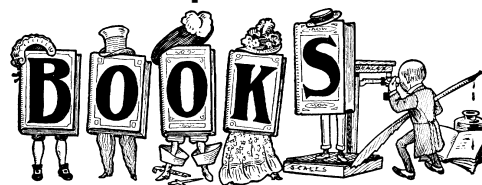
From your Friends at the Post Library - 384-1640

♦ **Check out Videos & DVD's** - Did you know you could check out videos and DVD's at the library? They have a constantly growing collection of movies and documentaries. Patrons can take out 2 videos per family for 3 days at no charge.

♦ **Homework Help Available** - If you need homework help, the library has many resources through in-house databases such as Gale Biography Resource Center. This data base accesses comprehensive biographical references for more than 1.25 million biographies in the areas of literature, science, multicultural studies, business, entertainment, politics, sports, government, history, arts and newsmakers. Check out this powerful resource.

♦ **Asian Pacific Heritage Month** - In recognition of Asian Pacific Heritage Month, the Post Library will have featured books throughout May. Other featured books for May include Starting your Alaska Garden.

National Library Week April 6-12



From Your Friends at the Post Library

April 6-12 is National Library Week (NLW) and the Post Library is featuring their annual NLW trivia quiz! Winner of the quiz will receive a \$50 gift certificate to a local book seller. Check out the website at <http://www.usarak.army.mil/postlibrary> or come by the library for details.

Library Hours: Monday - Thursday: 11 am - 8 pm.
Saturday: 11 am - 5 pm.
Friday, Sunday and Holiday Closed. Located in Bldg 5

Arts & Crafts Center - 384-3717/3719

Arts & Auto Center Hours: Thursday & Friday: 12-9 pm
Saturday & Sunday: 10 am - 7:30 pm
Closed Monday thru Wednesday

April/May Specialty Classes

♦ Ceramic Classes - 384-3419

April 5, 6, 13, 20, 26 & 27 Pic n Paint, 2-6 pm, \$10 pp
April 4, 10, 18 & 24 Pouring Class, 6-8 pm, \$15 pp
April 19 Kids Day "Mother's Day", 2-5 pm, \$10 pp
April 26 Bronzing Class, 2-4 pm, \$15 pp

May 3, 10, 17, 24 & 31 Pic n Paint, 2-6 pm, \$10 pp
May 2, 8, 16, 22 & 30 Pouring Class, 6-8 pm, \$15 pp
May 24 Kids Day "Father's Day", 2-5 pm, \$10 pp

Monthly classes include: Stained Glass, Air Brushing, Glazing, Antiquing, Brush Strokes and Bronzing. For more info, call Peggy Bertrand, 384-3419.

♦ Wood Shop Class - 384-3418

New April 3 Wall Hanging Quilt Rack, \$35 pp, 6:30-8:30 pm (see pg 3 for more info).
You must attend a two hour safety class before you can use the Wood Shop. Classes available every Thursday 4:30 pm and Saturday, 10 am. Cost \$10. Call Bob Chance for info 384-3418.

♦ Basic Matting & Frame Class - 384-3417

Thurs, April 3, 10, 17 & 24, 6 pm, \$30 pp
Saturday, April 12, 10 am, \$30 pp
Thurs, May 1, 8, 15, 22 & 29, 6 pm, \$30 pp
Saturday, May 17, 10 am, \$30 pp

Arts & Auto Craft Center Closed May 25



Auto Skills Center - 384-3718

Window Chip Repair - 1st chip - \$25. Each additional \$10. Repair those chips before they spread.

Fuel Injector Flush Service - \$45. Cures rough idle and improves performance.

Computer Scan - \$30 minimum. Find out why your Check Engine light is on?

Welding - Oxy/Act, Arc, Steel Mig \$10 per hour. Alum Mig \$15 per hour. Block Heaters save hundreds of dollars, do it yourself!

SPRING TUNE-UP Boats - RVs - 4 Wheelers

It's Spring. Stop by and get that vehicle in shape. Do your own tune-up, wheel alignment or get rid of those rust spots. **Save \$**

Emission Inspections FEE \$33

(I/M Test \$15, Certificate \$18)

Appointments Only (No pass - No pay)

Lowest price in the Anchorage/Matsu Area! Call for an appoint

Armed Services YMCA

Ft. Richardson 384-9622 Elmendorf 552-9622

Health Fair/Teddy Bear Clinic - April 5, EAFB Hospital, 10 am - 3 pm. Youth can bring their favorite stuffed animal to the "Teddy Bear Clinic" for an examination. Plenty of games, children activities, and entertainment. Call Eli 580-6455 for info.

"Springtime in Spenard" ASYMCA Fundraiser - April 8. A Glamorous Musical Comedy tribute to break-up mud, slush and muck! Mr. Whitekey's Fly By Night Club. Cost \$20, call 552-9622 for tickets & Fly By Night 279-SPAM. Smoke-free.

Drawing for Children's Spring Basket & Spouses Basket. Sign up for the Children's basket starts end of March, drawing on April 18. Sign up for the Spouses basket begins May 1. Stop by any of the ASYMCA offices to enter.

ENTERTAINMENT

Down Under Lounge - 384-7619, Bldg 655

Full Bar - Dancing - Pool - Darts - Video Games

Down Under open ♦ Fridays open 3 pm. ♦ Saturdays open 8 pm.

FREE AFE Band
"Thom Shepherd"
Country & Western Band
April 19
(see pg 3)



Down Under
Lounge, 9 pm

Saturday Night Jam
Sessions - April 5, 21 & 26
& May 3, 10, 17, 24 & 31
8 pm - midnight. Show off your musical talent (please bring your own instruments).

Leader's Call - April 17
and May 15, 3:30 pm. Stop by after work. Free finger food. Open to All!

HOT Appetizer Menu now avail after work Fridays

Halibut & FF, Chicken Strip Basket, Chicken Wings, Jalepeno Poppers, Mozzarella Stix, Cheddar Munchers and a Mexican Sampler

Rent the Down Under Lounge

Call Becky or Sam 384-7619 or 384-1475/1476 to rent the lounge.

Better Opportunity for Single Soldiers (BOSS)

BOSS Hawaii Trip -

April 16-22 For more info, call SGT Jeff Andersen, 384-0235.

BOSS Meetings - April 7 & 21 & May 5 & 19 Down Under Lounge 2 pm.



8 ♦ SOLDIER & FAMILY SERVICES

Army Community Service (ACS) 384-1517/1518

Month of the Military Child,
Child Abuse Prevention Month &
Domestic Violence Prevention (see calendar)

Army Family Action Plan - April 10 & 11 (see pg 2)

Soldier, Family & Marriage Education

Free Army Family Team Building (AFTB) Level II - April 16 & 17. AFTB Level III - May 14 & 15.

Additional AFTB Classes "Me, Myself & I" - April 23. Learn what motivates you, builds your self-esteem and enhances relationships". **"You're in Charge" - May 21.** Is there never enough time in a day? Find the time wasters and savers that can find you more time. ACS Bldg 600, Rm A129, all classes 9:30 am - 3 pm. *RSVP for Childcare, call Wendy Newman 384-1513.*

Building Strong & Ready Families (BSRF) - Prevention Relationship Enhancement Program (PREP). April two day predeparture classes **April 22 & 24**, Post Chapel, 7-9 pm. **Weekend Retreat - April 25-27** at the Seward Resort. **May** two day predeparture classes **May 13 & 15**, Post Chapel, 7-9 pm. **Weekend Retreat - May 16-18** at the Seward Resort. Learn to manage conflict early on and promote friendship, fun and happiness in your marriage. *Pre-registration 2 weeks in advance required. Free child care is available.* Call Chapel 384-1461.

Free First Termers' Financial Readiness Training - April 1 & 15 and May 6 & 20, Bldg 600, Rm A129, 8:30 am - 5 pm. *Registration required seating is limited.* Contact Elaine Holloway at 384-7509.

Free Checkbook Management & Budgeting Class - April 8 & 22 and May 13, Bldg 600, Rm A129, 10 am -noon. Call Elaine Holloway, 384-7509 to sign up.

Exceptional Family Member Program. Open daily in Bldg 600, Rm A134. Assistance for family members with special medical or educational needs. **Resource Library** - Books and videos on a variety of subjects including ADHD, Asthma, Learning Differences, Physical Differences, and Special Education avail for checkout, Rm A134. Call Phil Jones 384-0225 for info.

Nutritional Education

Free Nutritional Cooking Class (Expanded Food & Nutrition Education Program) - April 7, 14, 21, 28 and May 5, 12 & 19, Bldg 600, Rm A131, 2-4 pm. Join Heidi Leeney an UAA professional, for "hands-on" lessons in preparing and eating tasty, healthy, attractive meals. Call Carol McGuffee, 384-0272.

Women, Infants & Children (WIC) Program - The WIC Program is looking for Registered Dietitians to fill a WIC Nutritionist position avail April 15. Interested applicants can apply by calling 384-2033 or stop by the FRA WIC Clinic. ACS Bldg 600, Rms A116 & A117, 8 am - 12 pm and 1-5 pm. Call David Brown, Stephanie Carlson, or Nancy Warren, 384-2033.

Parent Orientations/Meetings & Newcomers Orientations

Newcomers Orientation, Info Fair & Bus Tour April 2 & 3 and April 16 & 17 and May 7 & 8 and May 21 & 22, Bldg 600, Rm A10, 9 am - 3:30 pm. Community leaders provide to soldiers and family members vital info about Anchorage and the FRA community plus a tour! For active duty soldiers & their family members. Call Tony Sepulveda 384-1515 or Mandi Stai 384-7485 for program info. Call Tina Lasley 384-7483 at CYS Central Registration for info about the parental prerequisites for free child care, during the Orientation.

Great Expectations - April 2, 9, 16, 23 & 30 and May 7, 14, 21 & 28. (Prenatal Care, Info & Resources for Parents) EAFB Hospital, 8 am - 11 am. Learn about free FRA New Parent Support Program. Professionals provide home visits, assistance and parenting tips. Call Tracey Wood 384-7506 or Dockie Lewis 384-7508 for info. *Reservations required 580-1401.*

Child Development Center (CDC) Parent Orientation April 2 & 16 and May 7 & 21, Bldg 6, 9-10 am for new CDC enrollments. CDC is a NAEYC accredited program, 384-0686.

Part Day Program (PDP) Parent Orientation - April 9 & 23 and May 14 & 28, Bldg 337, Rm 9, 9:30 am for new PDP enrollments. PDP is a NAEYC accredited program. Child care call 384-1510.

YS New Parent & Youth Orientations - April 5 & May 3, Bldg 297, 1-3 pm. Call Tom Dinkins at 384-1508.

Parent Advisory Support Council (PASC) Meeting April 8 & May 14, for all Child & Youth Services and SAS parents, Bldg 337, Rm 9, 11:45 am - 1 pm. *Lunch is provided.* Come be a voice for our children. MSG Catherine Bridge is the SAS Rep. If you have any concerns, please feel free to contact her. Call 384-1508 for her number. **Parents - Free child care is avail (24 hour notice required)**, call Central Reg 384-7483.

National School Age Care Alliance (NSACA) ASQ Meeting - April 4 & May 2, School Age Services (SAS) Bldg 337, noon. Meeting for parents, volunteers and supporters. Please join SAS if you care about the content and quality of their program. Call 384-1068 for more info.

Family Child Care (FCC) Parent Orientations for new FCC enrollments are scheduled by appointment. Info 384-1500.

Family Child Care (FCC) Provider Pre-Orientation - April 4 and May 2, Bldg 337, FCC Wing, 3:30-4:30 pm. All provider applicants who plan to attend the **Free FCC Provider Training (40 hours April 7 & 8 and 11-15 and May 14-20)**, are required to attend one of the pre-orientations. *Child care is not provided for the pre-orientations and is provided for the FCC Training (first come, first served).* Call 384-1500 for info.

Parent Meeting for the Transition Counselor Institute (TCI) Conference - April 23, Williwaw Elementary School, 1200 San Antonio St. (across from the Anchorage School District Bldg on Debarr Rd), 6 pm. The TCI is a Military Child Education Coalition initiative. All military parents of Anchorage School District students are encouraged to attend. The free TCI Conference is April 24-26, in the Dimond Center Hotel, 8 am. For more info, call Brian Griggs, 384-7500.

Free Parenting Classes

Parenting Class (0-5 years). Call Dockie Lewis 384-7508.

Parenting Teenagers Class. Could you use some fresh ideas and support for living with your teenagers? Free resources are available at Family Advocacy, including individual, couple and group meetings. Please call Dockie Lewis 384-7508 for info.

Free Fun Activities for Parents & Children

Pooh's Play Group (infants to age 5) - Mondays & Fridays, Bldg 337 Gym, 9:30-11 am. (Mondays - fine motor skills, Fridays - gross motor skills). Make new friends while your children play with their children. Free snack provided.

Hot Pooh's Play Group Parent's Spring Luncheon - May 16. Parents depart Bldg 337, 11:30 am, to the Anchorage Municipal Greenhouse, then to lunch. Special child care will be available. Join us for a time of sharing ideas, networking and relaxing. Call Dockie Lewis 384-7508 or Tracey Wood 384-7506.

Community Romp' N Stomp (Indoor Children's Gym - children up to school age). Available for registered parents Tuesday & Thursday, Bldg 337, 2-3:30 pm. **FCC Romp' N Stomp** - available for FCC providers every Tuesday & Thursday, 9:30-11 am. *Reservations are required for program usage.* Info on registration and reservations, call Central Reg 384-7483. *May 22 will be the final day for Romp & Stomp for this school year. Romp N Stomp will resume again in September 03.*

Children's Aqua Play (6 months to age 5) - April 2, 9, 16, 23 & 30 and May 7, 14, 21 & 28, 10:30 am - 12 pm. BPFC Pool. Come swim and play with your child and meet other parents. Call Dockie Lewis 384-7508.

Free Fun Activities for Adults

Spouses Day Out - April 14 & 28 and May 12. Free craft classes for military spouses, ACS, Bldg 600, Rm A25, 10 am - noon. Meet new friends, and learn new crafts & hobbies. Children Welcome. *Registration is required one week in advance in order to plan for supplies.* Call Carol 384-0272.

Scrapbooking - Learn to Sew - Knitting & Quilting Classes available at ACS, Bldg 600. Call Carol McGuffee 384-0272 for more info.

Free Self Help Classes

Positive Coping Skills "Anger Management/Stress Management". For more info, call 384-7508/0504.

"Know Your Installation"

April 25 - Topic: "MWR Trips and Programs" and May 16 - Topic: "AER/Red Cross Emergency Leave Processing", Bldg 600, Rm A129 11:45 am - 12:45 pm. "Know your Installation" is a **Free** program designed to assist the Senior NCO chain on the preferred and proper method for referrals and identification of problem areas of soldiers and family members.

Free Employment Readiness Classes & Volunteer Opportunities

Employment Readiness Seminars - April 8 & 22 and May 13 & 27. "Interviewing", "Career Planning", "Dressing for Success", "Conducting your Job Search", these and other helpful seminars are conducted on the 2nd & 4th Tuesday monthly, Bldg 600, Rm A110. Call ahead, 384-6716 to reserve your seat. Update your resume or get pointers on applying for jobs on-line. May area employers are advertising vacancies through your Employment Readiness Office, so call or stop by and talk with Program Manager, Helen Soergel-Nelson for more info.

Installation Volunteer Program. Volunteer opportunities Bldg 600, Rm A111. Call Helen Soergel-Nelson, 384-6717.

03 Volunteer Recognition Ceremony - May 1 (see pg 3)

Emergency Relief for Soldiers & Families

Army Emergency Relief (AER). Bldg 600, Rm A123. Emergency financial assistance for eligible personnel. Call Elaine Holloway 384-7509, for more info.

American Red Cross. Bldg 600, Rm A115, 384-0261. Armed Forces Emergency Services. Serving military personnel. To reach your family in times of emergency 24 hours a day, 365 days a year, call 1-877-272-7337.

Child & Youth Services (CYS)



CYS Central Registration Office located in the ACS wing of Bldg 600, Rm A109. Centrally located for families who are in-processing to Ft. Richardson, while still being readily accessible to those families currently enrolled in CYS programs. Open Monday thru Friday 7:30 am - 5:30 pm. There is an annual administrative fee of \$15 per child, with a maximum fee of \$35 per family payable at the time of registration. Call 384-7483 for more info.

Preschool & School Age Programs

Hot Fall Preschool Programs Open Registration

begins - May 19. For info about programs and space availability, call the Central Registration Office at 384-7483. A \$25 deposit is required for each space reserved. This fee will be applied to the first month's tuition in the fall. The deposit is non-refundable in the event family needs change over the summer and placement is declined.

Part Day Program in Bldg 337 offers a variety of early childhood education programs for children of preschool age. Preschool Classes include Toddler Time for 2 year olds available Monday and Wednesday or Tuesday and Thursday, 9 am - noon. A variety of 3 and 5 hour Preschool classes are available for 3-5 year olds that follows the Anchorage School District Schedule. A 9 hour preschool class is available for 3-5 year olds, Monday - Friday: 8:30 am - 5:30 pm. Before and After School Kindergarten program. **3 hours & 5 hour preschool classes and Toddler Time are not held thru the summer months. The last day of classes for these programs is May 22.** Info on space availability, call Central Reg 384-7483.

School Age Services (SAS) Before & After School Care is located in Bldg 337, new # 384-1068. The program operates Monday - Friday. Before School Program: 6-9 am

10 ♦ SOLDIER & FAMILY SERVICES

(includes breakfast at 8 am). After School Program: 3:30-5:30 pm (includes afternoon snack at 4 pm). Parents have the option of enrolling in the Before or After School or Both Before and After School Program. Fees are based on Total Family Income (TFI). Call Central Reg to enroll, 384-7483. SAS 4H clubs offer Spanish, Cooking, Science, Dance, Technology and Drama.

Hot SAS April/May Happenings

In-House Summer Camp Pre-Registration - April 1-10. Register in Bldg 337, 9 am - 5:30 pm. All currently enrolled SAS children or Part Day Kindergarten Program children are eligible to pre-register. A request for care form and a \$25 non refundable deposit is required. If you are not currently registered with SAS or the Part Day Kindergarten Program and would like to get on a waiting list, contact Central Reg, Bldg 600, 384-7483.

Camp Hoowah Summer Camp - June 6 thru August 28, Monday - Friday: 6 am - 5:30 pm. Fees based on Total Family Income (TFI). Call 384-1068 for more info.

Parent/Teacher Conferences - April 9 & 10 (1/2 day school). SAS children must eat lunch at school. April 9 & 10 SAS is open 6-9 am and noon - 5:30 pm. **April 11** is an School In-Service Day (no school). SAS is open 6 am - 5:30 pm. You must have reservations to attend. **SAS will be closed May 23-26 for Memorial Weekend. Limited care for May 23.**

Grand Re-opening & Ribbon Cutting Ceremony - April 11, Bldg 337, 1 pm. Community Welcome. Call 384-1068

Asian Pacific Heritage Month Celebration - May 21. Join SAS in Bldg 337, for a special cooking project, 4:30 pm.

Summer Camp Hoowah Mandatory Parent Orientation - May 28, 29 or June 3 & 4. Parent/guardian must attend one of the above sessions, Bldg 337, 11:45 am or 5 pm.

National School Age Care Alliance (NSACA) ASQ Meeting - April 4 & May 2, School Age Services (SAS) Bldg 337, noon. Meeting for parents, volunteers and supporters. Please join SAS if you care about the content and quality of their program. This meeting is a chance for you to talk about what experiences you want your children to have at SAS.

Youth Computer Lab "Interneet" - The Computer Lab is located in Bldg 293 behind YS. Open Monday - Friday: 3:30-7:30 pm. Youth need to complete a Computer Certification Course. Call 384-6301/1508 for more info.

Child Care Info

Hot Parents Night Out - April 11 & May 9, 5:30-9:30 pm. CYS is sponsoring child care for children 6 weeks thru 12 years of age in Bldg 337. Children must be fully registered in CYS programs to be eligible to participate. Cost \$12 per child per evening. Space is limited and reservations are required NLT 1 week prior to event, call 384-7483.

FCC Hourly Care - is offered by in-home child care providers for children 6 weeks - 12 years of age. A fee of \$2 per child is charged for each hour of care provided. Children must be fully registered thru the CYS Central Reg Office. Call 384-7483.

Hourly Care - for children 6 weeks to 12 years, in the Part Day Program, Bldg 337, 8 am - 4:30 pm, \$3 an hour. **Reservations required and may be taken up to 2 weeks in advance, call 384-1510. Usage is limited to 5 hours per day with a maximum use of 25 hours per week.**

Youth Sports & Training

Little League Baseball Late Registration - April 1-4

League Divisions T-Ball - ages 5 & 6, Coach Pitch - ages 7 & 8, Kids Pitch/Minors - ages 9 & 10, Majors ages - 11 & 12, Juniors - ages 13 & 14, Seniors - ages 15 & 16.

Girls Softball Minors - Ages 9 & 10, Majors - Ages 11 & 12, Juniors - Ages 13 & 14, Seniors - Ages 15 & 16*

\$35 for late registration. Call 384-1508 for info.

Main Post Chapel Schedule

Catholic Confirmation - April 3, 6 pm. Archbishop Edwin O'Brien from the Archdiocese for the Military Services will preside, with a catered dinner to follow.

First Friday Devotions - April 4 & May 2, in the North Wing Chapel, 11 am. Join in praying the rosary. Mass will be celebrated 11:35 am, and share a soup lunch following.

Protestant Woman of the Chapel Spring Retreat - April 11-13. Call the Chapel for details 384-1461.

Catholic Sacrament of First Communion - May 18, during the mass, 9:15 am. Call Patrice Gitter for info 222-1680.

Catholic Ladies Meet (Military Council of Catholic Women) every Wednesday, 9:15 am for rosary, following by fellowship with the PWOC and different study groups. Childcare provided. Call Becky Hansen 428-0770.

Protestant Women of the Chapel (PWOC) Meet every Wednesday, 9:15-11:30 am for a Ladies Bible Study. Spring studies: "Names of God", "Living Fearlessly", & "Extraordinary Women". Watch care 6 mo - 4 years. Call Sue, 428-1030.

Adult Faith Study - every Wednesday, 7:30-9 pm. Video series and discussion on "The Teachings of Christ" by Fr. John Corapi. Childcare and refreshments. Call Celina Tillero 770-6733

Sunday School Classes - every Sunday, 9:30-10:30 am. Classes for 3 year olds, 4 year olds - 5th grade, 6th-8th grade, 9th-12th grade, and bible fellowship for adults. Watch care provided for 2 years old and under. Call 384-1461.

Children's Choir - every Sunday, 10:30-11 am. Quarterly performances. "Make a joyful noise to the Lord". Call 384-1461.

Officer Christian Fellowship - every Tuesday, 7-9 pm. Study on the "Leadership of Jesus". Taught by CH Brad Lee. Childcare provided. At 68 Birch Hill on FRA. Call 428-1030.

Thank you Subway for supporting the Newcomers Orientation

SUBWAY
eat fresh.™

**Convenient locations to
Ft. Richardson on Muldoon,
Boniface and in Eagle River.**

Employment opportunities available at all locations.

Army Career & Alumni Program (ACAP)

Located in Bldg 602, Rm 142, call 384-3501.

February/March 2003 Workshop & Seminar Schedule

Apr 7 & May 5 - Resumix & Application Preparation, 10 am - noon

Apr 7 & May 6 - Preseparation Orientation, Mandatory preseparation ETS briefing (active duty 90-180 days prior to separation), 1-4 pm

Apr 8 & 9 and May 7 & 8 - ACAP/TAP Workshop, 8:30 am - 4 pm

May 15 - Pre-Retirement Workshop, 1:30-4:30 pm

April/May 2003 Closures

April 4 - Military Pay Day Activities

April 7-10 - School Parent Conference Week

April 11 - School In-Service Day

April 18 - Military Training Holiday

May 2 - Military Pay Day Activities

May 22 - Romp-n-Stomp & Preschool & Toddler time Last day

May 23 - Military Training Holiday

May 23-26 - SAS Closed

May 25 - Arts & Auto Craft Center Closed

May 26 - Federal /School Holiday (Memorial Day Observed)

June 2003 Highlights

June 5 - Last Day of School

June 6 - Military Appreciation Day Picnic

June 6 - SAS Camp Hoowah begins

June 9-13 - Vacation Bible School

June 14 - 28th Annual Arctic Valley Run

June 16 - SAS Club Discovery begins

June 18 - BBQ Cook-Out at the Down Under Lounge

June 21 - Youth Fishing Derby

June 28 - King Salmon Fishing Trip

June 28 & 29 - EAFB Arctic Thunder 2003 Air Show & Open House

Post Specials & Community Info

April - Month of the Military Child, Child Abuse Prevention Month, and Domestic Violence Prevention. National Alcohol Awareness, Fetal Alcohol Awareness and Marijuana Awareness Month.

Mar 31 & Apr 1 & 2 - Joining Forces (DV) Conference (see front pg)

Apr 1 & May 6 - Post Commander Staff Meeting, PC Conf Rm, 10 am

Apr 1 & May 6 - Soldier of the Month Breakfast, JRETC, 7:30 am

Apr 1-10 - SAS Summer Camp Registration, (see pg 10)

Apr 3-6 - 20th Annual Great Alaska Sportsman Show, Sullivan Arena

Apr 4 - Wild About Anchorage Animals visit FRA (see pg 2)

Apr 4-6 - Alcohol Free Weekend

Apr 5 - Health Fair & Teddy Bear Clinic, (see pg 7)

Apr 5, 12 & 26 - Saturday Night Jam Sessions, Down Under, 8 pm

Apr 6 - Daylight Savings (set clock ahead 1 hour)

Apr 6-12 - National Library Week, (see pg 6) **Spring Ahead** Daylight-Saving Time

Apr 7 - NAF Benefits, CPOC, 8:30 am - 4:30 pm

Apr 7 & 8 - Suicide Intervention Skills Trng, Post Chapel, 8:30 am - 5 pm

Apr 7-10 - School Parent Conference Week

Apr 7-11 - Week of the Young Child (see calendar)

Apr 8 - ASYMCA Fund-raiser "Spring Time in Spenard" (see pg 7)

Apr 8 - Post Wrestling Meet, (see pg 5)

Apr 9 & 10 - Army Family Action Plan (AFAP) (see pg 2)

Apr 10 - Free National Alcohol Screening Day, (see pg 2)

Apr 10 & 11 - Domestic Violence Prevention Play "Rocks! and other Hard Places" (see front pg)

Apr 11 - SAS Grand Re-Opening & Sidewalk Carnival (see front pg)

Apr 11-13 - Alyeska 26th Annual Spring Carnival & Slush Cup, Alyeska

Apr 11 & May 9 - Parent's Night Out (see pg 10)

Apr 12 - Mayors Market, Buckner Fitness Center Gym, 10 am

Apr 13 - Palm Sunday (see pg 2 for services)

Apr 16-22 - BOSS Trip to Hawaii

Apr 16 & May 21 - Retiree Council Mtg, Bldg 602, Rm 144, 7 pm

Apr 17 & May 14 - Civilian Employee Substance Abuse Trng (see pg 3)

Apr 17 & May 15 - Leader's Call, Down Under Lounge, 3:30 pm

Apr 18 - Good Friday (see pg 2 for services)

Apr 19 - Kids Day, Egan Center

Apr 19 - AFE Free C&W Concert "Thom Shepherd" (see pg 3)

Apr 19 - YS Easter Egg Hunt (see pg 2)

Apr 20 - Easter Sunday (see pg 2 for services)

Apr 20 - Seward Resort Easter Egg Hunt (see pg 2)

Apr 20 - Easter Brunch, EAFB Susitna Club, 10:30 am - 2 pm. Adults \$21.95 regular price, \$18.95 adults with Members First discount, children ages 6-12 \$8.50, and children under 6 Free. Call 753-3131

Apr 22 & May 20 - Community Action Council (CAC), JRETC, 9:30 am

Apr 23 - Administrative Professional's Day

Apr 23 - Hawaiian Family Pool Party (see front pg)

Apr 24 - Post Swim Meet (see pg 5)

Apr 24-26 - Transition Counselor Institute (TCI) Conf. (see pg 8)

Apr 25-27 - 10th Annual Alaska Women's Show, Sullivan Arena

Apr 25 - Safety Awareness Day

Apr 25 - Arbor Day

Apr 25 - CDC Carnival (see front pg)

Apr 25 - Parent/Child Walk & Puppet Show (see front pg)

Apr 25 & May 30 - Ft. Richardson Aglow, "A Community Lighthouse for Women", location TBA, 7-9 pm. Call Leiza 428-3818 or 357-4597

Apr 25-27 & May 16-18 - Building Strong & Ready Families Retreat to the Seward Resort (see pg 8)

Apr 28 - Days of Remembrance Program, (see pg 3)

Apr 28 - Underage Drinking Seminar (see pg 3)

May - Asian Pacific Heritage Month. National Physical Fitness & Health Month. Military Spouse Appreciation Month

May 1 - Black Spruce RV Campground Opens (see pg 4)

May 1 - National Day of Prayer

May 1 - Volunteer Recognition Ceremony, (see pg 3)

May 1 - Lifetime Sports & Recreation Program begins (see pg 12)

May 1 - Seward Resort Summer Rates Begin

May 3, 10, 17, 24 & 31-Saturday Night Jam Sessions, Down Under, 8 pm

May 4-10 - National Pet Week, Vet Clinic Pet Show - May 10, (see pg 12)

May 5 - Cinco De Mayo

May 5 & 19 - Kayak Lessons, (see pg 4)

May 6 - 6th Annual Graduation Ceremony, (see pg 12)

May 9 - Military Spouse Appreciation Day, (see front pg)

May 10 - Otter Lake Boat Rental Opens, (see pg 4)

May 11 - Mother's Day

May 14 & 15 - NAF/Lodging Warehouse Sale, (see pg 12)

May 16 - 1st Combat X/C 5K Race, (see pg 5)

May 16 - Pooh's Play Group Parent's Spring Luncheon, (see pg 9)

May 16 - General Drug & Alcohol Training "Raves", (see pg 3)

May 17 - Armed Forces Day events, (see pg 12)

May 17 & 18 - Pre-Season Softball Tournament, (see pg 5)

May 19 - Free Smoke & Canned Salmon Presentation, (see pg 12)

May 19 - Asian Pacific Heritage Month Program, (see pg 3)

May 19 - Intramural Softball begins, (see pg 5)

May 19 - Fall Preschool Program Open Registration (see pg 9)

May 21 - 1st BBQ Cook-out at Otter Lake, (see pg 12)

May 24 - Seward Resort Charter Fishing/Glacier Cruises begin

May 24 & 25 - Memorial Weekend Fishing Tournament, (see pg 4)

May 27-30 - Post Clean-Up

12 ♦ SPECIAL EVENTS

6TH ANNUAL GRADUATION CEREMONY CLASS OF 2003



MAY 6

Graduating soon? Have you completed a college degree or earned your GED here or elsewhere? The Ft. Richardson Education Center & Resident Colleges request the honor of your presence.

For more info, call 384-0970.

Ft. RICHARDSON
POST THEATER, 2-3 PM



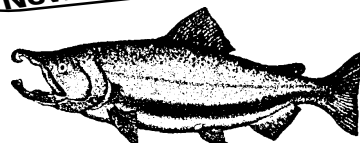
Pacific Region Lifetime Sports & Recreation Program

The program was created to encourage the community members to participate in individual sports and recreational activities. You need to complete 4 of the activities listed in the program between May 1 and Sept 30. Pick up your personal card at the front desk. All individuals who complete the program will receive a Certificate of Achievement. A limited edition Lifetime Activities and Recreation T-shirt or hat will be given to the first 150 to complete the program. Just show your card at the sports office to claim your reward. For more info, call 384-1305 or stop by the Fitness Center.

FREE Smoke Salmon & Canning Presentation

May 19

New Location for 2003



Dyea Ski Rental, Dyea St, Bldg 470, 6-8 pm. Learn how to properly use a pressure canner, and how to create a safe and tasty meal from salmon. Presented by the Alaska Cooperative Extension. Info, call 384-1475/6250.

NAF/Lodging



WAREHOUSE SALE

May 14 & 15

MWR Warehouse, Bldg 800, Door 13

May 14 - Open to Military, DOD/NAF ID Card Holders Only, 10 am - 6 pm.

May 15 - Open to the Public, 8 am - 4 pm. Ft. Richardson, Alaska

Items: Boats, outboard motors, video games, furniture, linens, vehicles, computer equipment and more. **No Pre-sale Viewing.** All sales are final, cash, check or credit cards accepted.

Armed Forces Day May 17

Buckner Physical Fitness Center (BPFC) is having a "Family Fun-Athlon". The event will take place between BPFC and Otter Lake Rec area. The event is open to families and individuals who want to get out and have fun. The event includes a 10K bike ride and/or a 5K run/walk. A complimentary bike inspection will take place prior to the event. The bike ride and run/walk will be on roads and trails in the Otter Lake area. Registration will take place up to the event day at BPFC and the Outdoor Rec Center.

Families and individuals can participate starting between 9 am and noon. This is not a timed event, but a fun way to get out and see the beautiful surroundings Ft. Richardson has to offer. There will be refreshments at the completion of the course. For more info, call 384-1305/1306 or 384-1475/1476.

Free Boat Rental (Military Appreciation Day), at Otter Lake Boat Rental, for active duty military, noon - 2 pm. For more info, call 384-6250.

Otter Lake BBQ Cook-Out May 21

11 am - 1 pm. Have lunch at the Otter Lake Boat House.



Plates

Hot Dogs & Beans - \$3
Hamburger & Beans - \$5
BBQ Brisket, Beans and Bread - \$7.
For more info, call 384-1475/6245.

A Special Thanks Trust Financial Group



for sponsoring the
"Taylor Made Jazz"
Concert at the Down
Under - March 22

Army Emergency Relief Fund Campaign

AER's mission is to provide emergency financial assistance to: AD soldiers, ARNG & USAR, retirees, their family members, and surviving spouses and orphans of deceased, in time of distress and misfortune. AER has an educational assistance program (scholarships and loans) for undergraduate study of soldiers' children. AER Campaign Coordinator 2LT Forster, 384-0363. Elaine Holloway, AER ACS Rep, 384-7509.

**2003 Goal for Ft. Rich \$34,000
Please Contribute thru May 15!**

Youth Gymnastic Classes Every Tuesday & Thursday

Bldg 337 Gym
Classes \$40 per month

**Ages 5-9 years - 5:45-6:45 pm
Ages 9-18 years - 6:45-7:45 pm**

Instructor Amy Moore
Must be currently registered with Youth Services. For more info, call 384-1508

National Pet Week May 4-10

"Pets Make the Difference"

Take Your Pet To The Vet.

The Ft. Richardson Vet Clinic will have a schedule of activities during the week.

Pet Show - May 10.

During the week the Vet Clinic will hold an outdoor vaccine clinic on FRA and EAFB, Pet Info Fair at the Joint Military Mall, Military Working Dogs demo at FRA, and will be going to the schools to do an assemble on Animal Safety. The clinic is located at Bldg 47811, Davis Hwy. All pets must be on a leash or in a carrier at all times. No children under age 13 allowed in clinic for safety reasons. Pets available for adoption. Call 384-2865 for details.



5th & 6th Grade - 384-1508

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-----------------------------------|--|---|--|---|---|
|  | | Late Registration for 1 Baseball, Softball, and T-Ball April 1st-4th 4-H Cooking Club 5:30-7:30 PM | 2 4-H Sewing Club 5:30-7:30 PM | 3 4-H OAC Meeting: Ham Radio 6 PM | 4 Torch Club 4:30-5:30 PM | 5 Parent Orientation 1-3 PM 5th and 6th Grade Trip: Chuck E' Cheese and Shopping 4-8 PM \$1 sign-up fee |
| 6 Daylight Savings Time Begins Today!!! | 7 Torch Club: 4:30-5:30 PM | 8 4-H Cooking Club 5:30-7:30 PM | 9 4-H Sewing Club 5:30-7:30 PM | 10 | 11 4-H Skate Park Service Project April 11th-12th OAC Campout- Snow Hawk Cabin April 11th-13th Torch Club 4:30-5:30 PM | 12 Arts and Crafts: Bead Patterns 1-3 PM |
| 13 | 14 Torch Club: 4:30-5:30 PM | 15 4-H Cooking Club 5:30-7:30 PM | 16 4-H Sewing Club 5:30-7:30 PM | 17 4-H/BGCA Fine Arts Meeting 5:30-6:30 PM | 18 YS Dance 6-8 PM \$2 per person Torch Club 4:30-5:30 PM | 19 YS Community Easter Egg Hunt 1 PM YS Hours: 2-4 (1st-4th grade) 2-5 (5th-6th grade) |
| 20 Easter Sunday | 21 Torch Club: 4:30-5:30 PM | 22 4-H Cooking Club 5:30-7:30 PM | 23 4-H Sewing Club 5:30-7:30 PM Family Pool Party at Buckner Gym 7 PM | 24 | 25 Torch Club 4:30-5:30 PM | 26 Family Roller Skating 1-3 PM Skate Park Field Trip: Boaderline 3:30-8 PM \$1 sign-up fee/\$8 entry |
| 27 OAC Rock Climb 11:30-4 PM | 28 Torch Club: 4:30-5:30 PM | 29 4-H Cooking Club 5:30-7:30 PM | 30 4-H Sewing Club 5:30-7:30 PM | YS REGULAR HOURS: 1ST-4TH GRADE: SAT 12-4 PM 5TH-6TH GRADE: SAT 12-5 PM | | |

7th-12th Grade & Outdoor Adv Program 5th-12th Grade - 384-1508

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|--|--|---|--|
|  | | Late Registration for 1 Baseball, Softball, and T-Ball April 1st-4th 4-H Cooking Club 5:30-7:30 PM | 2 4-H Sewing Club 5:30-7:30 PM | 3 Arts and Crafts: Paper Mache 5:30-7:30 PM 4-H OAC Meeting: Ham Radio 6 PM | 4 YS Grade Re-Opening Teen Party: 7-11 PM | 5 Parent Orientation 1-3 PM |
| 6 Daylight Savings Time Begins Today!!! | 7 Homework Mon-Fri 5:30-7:30 PM in the Computer Lab | 8 4-H Cooking Club 5:30-7:30 PM | 9 Early School Release: YS Hours 12-8 PM 9-Ball Tournament 2-4 PM 4-H Sewing Club 5:30-7:30 PM | 10 Early School Release: YS Hours 12-8 PM Foosball Tournament 2:30-4:30 PM | 11 Inservice Day: YS Hours 1-9 PM Movie/Ice Cream Sundae Night 5-9 PM 4-H Skate Park Service Project April 11th-12th OAC Campout- Snow Hawk Cabin April 11th-13th | 12 Arts and Crafts: Bead Patterns 1-3 PM |
| 13 | 14 Arts and Crafts: Bead Work 3:30-6:30 PM | 15 Health and Beauty: Nails 3:30-5:30 PM 4-H Cooking Club 5:30-7:30 PM | 16 3-Point Shootout 3:30-4:30 PM 4-H Sewing Club 5:30-7:30 PM | 17 Arts and Crafts: Easter Flower Arrangements 3:30-5:30 PM 4-H/BGCA Fine Arts Meeting 5:30-6:30 PM | 18 YS Dance 8:30-10:30 PM \$2 per person | 19 YS Community Easter Egg Hunt 1 PM YS Hours: 2-8 PM |
| 20 Easter Sunday | 21 Pool Tournament 4-7 PM | 22 4-H Cooking Club 5:30-7:30 PM | 23 4-H Sewing Club 5:30-7:30 PM Family Pool Party at Buckner 7 PM | 24 Arts and Crafts: Gel Candles 3:30-5:30 PM | 25 Arts and Crafts: Ivy Bowls 3-5 PM YS Teen Trip: Movie and Dinner Out 5-10:30 PM \$1 sign-up fee | 26 Skate Park Field Trip: Boaderline 3:30-8 PM \$1 sign-up/\$8 entry |
| 27 OAC Rock Climb 11:30-4 PM | 28 3 on 3 Basketball Tournament 5-7:30 PM | 29 Arts and Crafts: Bath Salts 3:30-5:30 PM 4-H Cooking Club 5:30-7:30 PM | 30 4-H Sewing Club 5:30-7:30 PM | YS REGULAR HOURS: MON-THURS 2:30-8 PM FRI 2:30-11 PM SAT 12-8 PM | | |

14 ♦ YS MAY 2003 ADVENTURES

5th & 6th Grade - 384-1508



YS REGULAR HOURS:
1ST-4TH GRADE: SAT 12-4 PM
5TH-6TH GRADE: SAT 12-5 PM




| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------|---|----------------------------------|---|---|---|---|
| | | | | Post Annual Volunteer Recognition Ceremony 6 PM JRETC Bldg. 1 | Cinco de Mayo Celebration 6:30 PM Torch Club 4:30-5:30 PM 2 | Parent Orientation 1-3 PM 3 |
| OAC Rock Climbing 11:30-4 PM 4 | Cinco de Mayo Homework Mon-Fri 4-6 PM in the computer lab Torch Club 4:30-5:30 PM 5 | 4-H Cooking Club 5:30-7:30 PM 6 | 4-H Sewing Club 5:30-7:30 PM 7 | YS Rent-a-Youth Training Session 5-6 PM 8 | Torch Club 4:30-5:30 PM 9 | 5th and 6th Grade 10 Field Trip: Mother's Day Shopping 4-8 PM \$1 sign-up fee Otter Lake Boat Rental Opens for Season Today |
| Mother's Day 11 | Torch Club 4:30-5:30 PM 12 | 4-H Cooking Club 5:30-7:30 PM 13 | 4-H Sewing Club 5:30-7:30 PM 14 | Asian Pacific Heritage Month Celebration 6-8 PM 15 | Torch Club 4:30-5:30 PM 16 | Military Appreciation Day-- Free Boat Rental 12-2 PM 17 |
| | Torch Club 4:30-5:30 PM 18 | 4-H Cooking Club 5:30-7:30 PM 20 | 4-H Sewing Club 5:30-7:30 PM BBQ Cookout/Boat Rental at Otter Lake 11-1 PM 21 | | Torch Club 4:30-5:30 PM OAC Campout May 23rd-25th 23 | Video Game Tournament 2 PM Skate Park Field Trip: Boarderline 3:30-8 PM \$1 sign-up/\$8 entry 24 |
| | YS Closed Memorial Day 25 | 4-H Cooking Club 5:30-7:30 PM 26 | 4-H Sewing Club 5:30-7:30 PM 27 | | Torch Club 4:30-5:30 PM YS Dance- 6-8 PM \$2 per person 30 | Free Paddleboat Rental at Otter Lake - 2-3 PM 31 |

7th-12th Grade & Outdoor Adv Program 5th-12th Grade - 384-1508



YS REGULAR HOURS:
MON-THURS 2:30-8 PM
FRI 2:30-11 PM
SAT 12-8 PM

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--------------------------------|---|--|---|---|--|---|
| | | | | Post Annual Volunteer Recognition Ceremony 6 PM JRETC Bldg. 1 | Cinco de Mayo Celebration 6:30 PM 2 | Parent Orientation 1-3 PM 3 |
| OAC Rock Climbing 11:30-4 PM 4 | Cinco de Mayo Homework Mon-Fri 5:30-7:30 PM in the computer lab 5 | 4-H Cooking Club 5:30-7:30 PM 6 | Arts and Crafts: Wreath Making 3:30-5:30 PM 4-H Sewing Club 5:30-7:30 PM 7 | YS Rent-a-Youth Training Session 5-6 PM 8 | Teen Party 7-11 PM 9 | Otter Lake Boat Rental Opens for Season Today 10 |
| Mother's Day 11 | 3 on 3 Tournament 5:30-7:30 PM 12 | Wall Climbing Tournament 3:30-5:30 PM 4-H Cooking Club 5:30-7:30 PM 13 | 4-H Sewing Club 5:30-7:30 PM 14 | Asian Pacific Heritage Month Celebration 6-8 PM 15 | YS Teen Trip: Dinner and Neon Bowling 7 PM-12 AM \$1 sign-up/\$10 entry 16 | Military Appreciation Day-- Free Boat Rental 12-2 PM 17 |
| | Pool Tournament 4-6 PM 18 | Arts and Crafts: Modge Podge 4-6 PM 4-H Cooking Club 5:30-7:30 PM 19 | 4-H Sewing Club 5:30-7:30 PM BBQ Cookout/Boat Rental at Otter Lake 11-1 PM 21 | 3-Point Shootout 4-6 PM 22 | Movie Night 9-11:00 PM OAC Campout May 23rd-25th 23 | Skate Park Field Trip: Boarderline 3:30-8 PM \$1 sign-up/\$8 entry 24 |
| | YS Closed Memorial Day 25 | Foosball Tournament 3:30-5 PM 4-H Cooking Club 5:30-7:30 PM 26 | Blindfolded Free Throw Contest 4 PM 4-H Sewing Club 5:30-7:30 PM 27 | Arts and Crafts: Candle Making 3:30-5:30 PM 29 | YS Dance- 8:30-10:30 PM \$2 per person 30 | Free Paddleboat Rental at Otter Lake 2-3 PM 31 |

| | | | | | | | | | |
|---|--|---|--|--|--|--|--|---|--|
| Army Community Service (ACS) Family Advocacy Program (FAP) ACS 384-1517/1518 FAP 384-0503/1006 | |  | | "Child Abuse Prevention Month," "Month of the Military Child" and "Domestic Violence Prevention" April 2003 | |  | | Child & Youth Services (CYS) 384-7483 Youth Services (YS) 384-1508 School Age Services (SAS) 384-1068 | |
| MONDAY | | TUESDAY | | WEDNESDAY | | THURSDAY | | FRIDAY | |
| | | 1 Spring Children Baskets Sign-Ups at AS-YMCA, Drawing April 18. Joining Forces (Domestic Violence) Conference - March 31 & Apr 1 & 2, Captain Cook, 8 am-5 pm | | 2 | | 3 Teen Arts and Crafts: Paper Mache' 5:30-7:30 pm, Bldg 297 | | 4 Grand Re-Opening Teen Party 7-11 pm, Bldg 297 | |
| 7 CYS Celebrates "Week of the Young Child" April 7-11 | | 8 | | 9 | | 10 Domestic Violence "Stand Down", Play Sneak Preview, Post Theater, 7 pm Featuring: "Rocks and Other Hard Places" | | 11 Domestic Violence Play, Post Theater, 10 am, 1 pm, & 3:30 pm SAS, Grand Re-Opening & Sidewalk Carnival, Bldg 337, 1 pm-3 pm. CYS Parent's Night Out 5:30- 9:30 pm | |
| 14 CDC Parent Teacher Conferences April 14-18 | | 15 | | 16 Teen "3-Point Shootout", 3:30-4:30 pm, Bldg 297 | | 17 | | 18 YS Dance (4 th -6 th Grade: 6-8 pm) (7 th -12 th Grade: 8:30-10:30 pm) \$2 per person | |
| 21 Teen Pool Tournament, 4-7 pm, Bldg 297 | | 22 | | 23 FREE "Family Hawaiian Pool Party, Buckner Physical Fitness Center Pool, 7-9 pm | | 24 | | 25 CDC Carnival, Bldg 6, 3:30 pm-5 pm Parent/Child Walk, Urso Major & Urso Minor Elementary Schools, 3:30 pm. Puppet Show at YS following walk. Join families & walk to say you care! | |
| 28 | | 29 Teen Arts and Crafts: Bath Salts, Bldg 297 3:30 pm-5:30 pm | | 30 | | Sunday, April 5 3MDG Child Health Fair, 10am, Elmendorf Hospital | |  | |

16 ♦ SEWARD RESORT

Eligible patrons: active duty and retired military, National Guard & Reserves, DOD civilians, AAFES employees, their families & guests.

Summer 2003 Highlights

♦ **Spring/Summer Rates** begin May 1 thru September 15. Open 24 hours a day 7 days a week Memorial Day weekend thru Labor Day.

May 24 (Memorial Day Weekend) - **Air Force Band**, 7-9 pm

♦ **Free Fishing Lottery** (program has been canceled, sorry)

♦ **Charter Fishing Trips** (aboard the 42' Deltas), and 8 hour **Glacier & Wildlife Cruises** to Kenai Fjords National Park (Holgate Glacier) (aboard the 53' Arctic Light (deli lunch included), begin Memorial Day Weekend May 24 thru Labor Day September 1

♦ Discounted Tickets & Tours

- Alaska Sealife Center
- Full & half-day cruises to the Kenai Fjords National Park
- Scenic & historic float trips on the Kenai River
- Iditarde Dog Sled Tours
- Godwin Glacier Dog Sled Tours
- Guided horseback riding
- Full & half-day guided kayaking trips
- Guided fishing on the Kenai & Russian Rivers
- Fly-in hunting & fishing trips
- Discounted room rates at the Talkeetna Lodge, Fox Island Lodge, and Seward Windsong Lodge

♦ **Family BBQ's** Every Weekend. Memorial Day Weekend thru Labor Day



Reservations
1-(907) 224-2654/2659

Leave Message
1-800-770-1858

Web Site
www.sewardresort.com

Summer 2003 Rates E1 thru E5

| Summer 2003 Rates | May 1-June & Sept 1-14 | July/August |
|--|--|-------------------------------|
| <u>E1 thru E5</u> | <u>Per Night</u> | <u>Per Night</u> |
| Motel Rooms (Fifty Six) 4 persons | \$ 65.00 | \$ 72.00 |
| Townhouses (Ten Standard) 4-6 persons | \$129.00 | \$142.00 |
| Townhouses (Two Deluxe w/fireplace) 4-6 persons | \$139.00 | \$152.00 |
| One Log Cabin (2 persons) | \$100.00 | \$100.00 |
| | | <u>May 1 - Sept 14</u> |
| RV Sites (Forty) Water, electric & cable TV hookup | | \$18.50 |
| Tent Sites (eleven) | | \$ 7.00 |
| Yurts (four) 12' round framed tent (3-4 persons) (No electric/water/heat) | | |
| | May 1-June & Sept 1-14 - \$18.00, July/August - \$20.00 | |
| | May (Memorial Day Weekend) - June & Sept 1 - Labor Day | July/August |
| | <u>Per Person</u> | <u>Per Person</u> |
| Charter Fishing (42' Deltas) (7-14 persons) | \$100.50 | \$109.00 |
| Group Charters (max 14).. | May/June - \$1,316.00, July-Labor Day - \$1,448.00 | (whole boat) |
| Glacier & Wildlife Cruise Holgate Glacier (8 hour w/deli lunch) | | |
| Kenai Fjords National Park | May - Labor Day - \$82.50 Adults | |
| Children under 2 FREE | \$37.50 child 2-12 | |
| <i>Charter Fishing & Glacier Cruises operate Memorial Day Weekend thru Labor Day</i> | | |

Summer 2003 Rates E6-E9, W1-CW3, 01-03

| Summer 2003 Rates E6-E9, W1-CW3, 01-03 | May 1-June & Sept 1-14 <u>Per Night</u> | July/August <u>Per Night</u> |
|--|--|---------------------------------|
| Motel Rooms (Fifty Six) 4 persons | \$ 87.00 | \$ 96.00 |
| Townhouses (Ten Standard) 4-6 persons | \$149.00 | \$164.00 |
| Townhouses (Two Deluxe w/fireplace) 4-6 persons | \$159.00 | \$174.00 |
| One Log Cabin (2 persons) | \$120.00 | \$120.00 |
| | | <u>May 1 - Sept 14</u> |
| RV Sites (Forty) Water, electric & cable TV hookup | | \$20.50 |
| Tent Sites (eleven) | | \$10.00 |
| Yurts (four) 12' round framed tent (3-4 persons) (No electric/water/heat) | May 1-June & Sept 1-14 - \$20.00, July/August - \$22.00 | |
| | May (Memorial Day Weekend) - June & Sept 1 - Labor Day | July/August |
| | <u>Per Person</u> | <u>Per Person</u> |
| Glacier & Wildlife Cruise (8 hour w/deli lunch) | | |
| Kenai Fjords National Park (Holgate Glacier) | \$82.50 Adults | \$90.00 Adults |
| Children under 2 FREE..... | \$37.50 child 2-12 | \$37.50 child 2-12 |
| Charter Fishing (42' Deltas) (7-14 persons)..... | \$110.50 | \$120.00 |
| Group Charters (max 14).. | May/June - \$1,316.00, July-Labor Day - \$1,448.00 (whole boat) | |
| <i>Charter Fishing & Glacier Cruises operate Memorial Day Weekend thru Labor Day</i> | | |

Summer 2003 Rates CW4-CW5, 04-010, DOD Civilians, AAFES Employees

| Summer 2003 Rates | |
|--|--|
| CW4-CW5, 04-010, DOD Civilians, AAFES Employees | May 1-June & Sept 1-14 July/August |
| | Per Night Per Night |
| Motel Rooms (Fifty Six) 4 persons | \$ 98.00 \$108.00 |
| Townhouses (Ten Standard) 4-6 persons | \$169.00 \$186.00 |
| Townhouses (Two Deluxe w/fireplace) 4-6 persons..... | \$179.00 \$196.00 |
| One Log Cabin (2 persons) | \$140.00 \$140.00 |
| <u>May 1 - Sept 14</u> | |
| RV Sites (Forty) Water, electric & cable TV hookup | \$22.50 |
| Tent Sites (eleven) | \$12.00 |
| Yurts (four) 12' round framed tent (3-4 persons) (No electric/water/heat) | |
| | May 1-June & Sept 1-14 - \$22.00, July/August - \$24.00 |
| May (Memorial Day Weekend) - June & Sept 1 - Labor Day | |
| | <u>Per Person</u> <u>Per Person</u> |
| Glacier & Wildlife Cruise (8 hour w/deli lunch) | |
| Kenai Fjords National Park (Holgate Glacier) | \$82.50 Adults \$99.00 Adults |
| Children under 2 FREE..... | \$37.50 child 2-12 \$37.50 child 2-12 |
| Charter Fishing (42' Deltas) (7-14 persons)..... | \$120.50 \$131.00 |
| Group Charters (max 14).. | May/June - \$1,316.00, July-Labor Day - \$1,448.00 (whole boat) |
| <i>Charter Fishing & Glacier Cruises operate Memorial Day Weekend thru Labor Day</i> | |